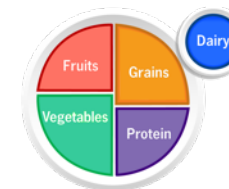# Chef Solus -Exploring Food Groups

Identify the Food Groups found in each of the Combination Foods

Combination food	Grains Group	Milk Group	Vegetable Group	Fruit Group	Meat Group	other group
Lasagna						
Bean Burrito						
Ham-Cheese sandwich						
Smoothie						
Sausage pizza						
Cheeseburger						
Peanut butter and jelly sandwich						
Macaroni and cheese						
Chicken noodle soup						

The fun way to learn about nutrition.