

Holiday Food Pyramid Activity Learning Sheet



Each picture shows one of the food groups.
Write the name of each food group.

To make my special holiday meal,
I will need all the food groups!



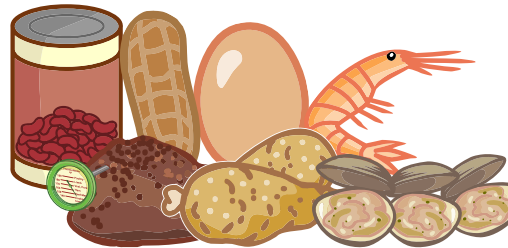
Food Group: _____ Fruit _____



Food Group: _____ Vegetables _____



Food Group: _____ Grains _____



Food Group: _____ Meats and beans _____



Food Group: _____ Milk _____